

74. Nguyen Van Tuc, 46 years old.
 75. Nguyen Kim Nhan, 61 years old.
 76. Duong Kim Khai, arrested on 8/10/10 at Chuong Bo Church, 37/6 Cau Ong Ngu, Binh Thoi St, phuong 28, Binh Thanh district, Hochiminh city.
 77. Nguyen Van Dal, lawyer.
 78. 140 prisoners of "Tay Nguyen" and "Dega" in K1, K2, K3, Nam Ha Camp, Ba Sao, Kim Bang, Nam Ha province.

INTRODUCING A RESOLUTION TO
 RAISE AWARENESS OF HYPERTENSION AND HELP REVERSE ITS PREVALENCE IN THE UNITED STATES

HON. ALCEE L. HASTINGS

OF FLORIDA

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 23, 2010

Mr. HASTINGS of Florida. Madam Speaker, I rise today to introduce a resolution that seeks to raise hypertension awareness and help reverse its prevalence in our nation through education, further research, and efforts to reduce the excess salt content in our food. Hypertension, also known as high blood pressure, is the most commonly diagnosed chronic health condition in the United States, disproportionately affecting the Southeast and African Americans.

High blood pressure is a major risk factor for heart disease and stroke, the first and third leading causes of death in the United States, as well as congestive heart failure and kidney disease. Approximately one out of three adults (74.5 million people) in the United States is hypertensive. Furthermore, about one in four adults is pre-hypertensive, which means that they are at greater risk for developing hypertension. Hypertension is directly and indirectly responsible for tens of thousands of deaths in the United States each year, and its prevalence is expected to grow due to a large aging population and high rates of obesity and diabetes.

Hypertension is called the "silent killer" because there are often no symptoms that indicate that an individual's blood pressure has reached a deadly level. Sadly, more than one out of five individuals is unaware that they have high blood pressure. African Americans have the highest prevalence of hypertension in the United States, and are more likely to develop it at earlier ages, develop cardiovascular morbidity and disability, and die from hypertension or hypertension-related illnesses. Furthermore, Hispanics often have low levels of hypertension awareness, treatment, and control. Fortunately, through education, healthy lifestyle habits, advances in medical science, research, and smart health care policy, we can begin to reverse these alarming trends.

In particular, addressing high sodium (salt) intake can decrease one's risk for developing high blood pressure. The average person in the United States consumes almost 1.5 times the daily maximum value of salt established by the Department of Health and Human Services. According to a study by the American Medical Association, 150,000 lives could be saved each year if the sodium content in processed foods and restaurant foods were decreased by 50 percent. In addition, we must improve access to affordable, healthy foods for all Americans as well as nutrition labeling

to ensure that consumers have the information they need to make informed decisions about their food purchases.

My resolution encourages all individuals to take control of their health by becoming knowledgeable of their blood pressure as well as their risk for hypertension. Furthermore, it supports community-based programs that use culturally competent and evidence-based strategies to address hypertension; recognizes the importance of linking hypertension awareness programs to other existing programs that address health conditions such as obesity and diabetes; and supports further research that provides a better understanding of how hypertension disproportionately affects different communities. Finally, my resolution calls for the Food and Drug Administration to set mandatory national standards, including improved nutrition labeling, for the sodium content in foods, especially those sold in grocery stores and served in schools and restaurants.

Madam Speaker, health care providers, patients, communities, governmental entities, the food industry, and health-focused organizations must work together to raise awareness about high blood pressure and to develop sustainable solutions for prevention, treatment, and control. I remain committed to supporting national, state, and community efforts to address potentially deadly health conditions like hypertension and to combating health disparities.

RECOGNIZING THE CONTRIBUTIONS OF WILLIAM AND ELISE WINTER

HON. BENNIE G. THOMPSON

OF MISSISSIPPI

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 23, 2010

Mr. THOMPSON of Mississippi. Madam Speaker, I rise today to recognize the outstanding contributions made by the Honorable William and Mrs. Elise Winter in the fields of education and race relations in the State of Mississippi.

Mr. Winter served as governor for the State of Mississippi from 1980 to 1984. Mr. and Mrs. Winter have been long-time advocates for public education, racial reconciliation, and historic preservation. Mr. Winter served as a member of President Clinton's National Advisory Board on Race, and was instrumental in founding the William Winter Institute for Racial Reconciliation at the University of Mississippi. In 1989, he became the first holder of the Eudora Welty Chair of Southern Studies at Millsaps College and was awarded the Profile in Courage Award by the John F. Kennedy Library Foundation in 2008.

During his tenure, both he and his wife were instrumental in passing the 1982 Mississippi Education Reform Act. The 1982 Mississippi Education Reform Act was credited with building stronger elementary and secondary education systems throughout Mississippi and the South. Under this act, teachers received pay increases, compulsory school attendance was mandated, teacher and school accreditation became based on school performance, and kindergarten was mandated for public schools in Mississippi.

Mrs. Elise Varner Winter, a native of Senatobia, Mississippi graduated from

Senatobia High School. She completed her postsecondary education at Northwest Junior College and the University of Mississippi, where her academic focus was history.

Her civic and public service activities include advocacy for education. A member of the Mississippi Easter Seal Society, Mrs. Winter also served as President of the official Mississippi Women's Club and Chair of National Library Week. Additionally, she is a member of the board of trustees of Rust College, a trustee of the Synod of Mid-South of the Presbyterian Church and was the first woman elder of Fondren Presbyterian Church of Jackson. She is also very active in Habitat for Humanity—Metro Jackson.

Not only were Governor and Mrs. Winter very instrumental in education reform for the State of Mississippi but they have brought leadership, vision, and voices of reason to the State of Mississippi. Madam Speaker, I ask that you and my colleagues please join me in honoring Mr. and Mrs. Winter for their many contributions in public education and racial relations in the State of Mississippi.

PERSONAL EXPLANATION

HON. CAROLYN B. MALONEY

OF NEW YORK

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 23, 2010

Mrs. MALONEY. Madam Speaker, on September 22, 2010, I missed rollcall votes Nos. 532 and 533. Had I been present, I would have voted "yea" on rollcall votes No. 532, to establish Coltsville National Historical Park in the State of Connecticut and, No. 533, to authorize funding for the creation and implementation of infant mortality pilot programs in standard metropolitan statistical areas with high rates of infant mortality.

HONORING THE SERVICE OF
 MARCIA AVNER: NONPROFIT
 LEADER, ADVOCATE, ORGANIZER
 AND TEACHER

HON. BETTY McCOLLUM

OF MINNESOTA

IN THE HOUSE OF REPRESENTATIVES

Thursday, September 23, 2010

Ms. McCOLLUM. Madam Speaker, I rise to pay tribute today to one of Minnesota's outstanding community leaders and a longtime resident of my Congressional District, Marcia Avner. This month, Marcia Avner is transitioning from her position as Public Policy Director for the Minnesota Council of Nonprofits (MCN), a position she has held for the past 14 years, to Senior Fellow at MCN, where she will continue to do what she has done best for so many years; advising and training emerging nonprofit sector advocates at both the state and national levels.

Marcia has distinguished herself in several realms. She is an incredibly effective and inspirational advocate and organizer, a teacher and promoter of the art of public advocacy, and a distinguished public servant at the local, state and federal levels of government. Her work includes advocacy and civic engagement training and education as well as lobbying on election reform, tax policy, and many other